

# The University of Rochester

## Postdoctoral Scholar Benefit Program

### Monthly Rates and Postdoc Contributions

#### Effective January 1st, 2023 - December 31st, 2023

	Total Monthly Premium	Monthly Postdoc Contribution	Semi-Monthly Postdoc Contribution	Bi-weekly Postdoc Contribution
Medical PPO - Excellus BCBS		<i>(94's only)</i>	<i>(93/95's only)</i>	<i>(93/95's only)</i>
Postdoc only	\$589.32	\$88.40	\$44.20	\$40.80
Postdoc + Spouse/Domestic Partner	\$1,231.70	\$184.76	\$92.38	\$85.27
Postdoc + Child(ren)	\$1,096.18	\$164.43	\$82.22	\$75.89
Postdoc + Family	\$1,744.48	\$261.67	\$130.84	\$120.77
Dental PPO - MetLife		<i>(94's only)</i>	<i>(93/95's only)</i>	<i>(93/95's only)</i>
Postdoc only	\$25.16	\$8.30	\$4.16	\$3.83
Postdoc + Spouse/Domestic Partner	\$48.40	\$15.97	\$7.99	\$7.37
Postdoc + Child(ren)	\$56.62	\$18.68	\$9.35	\$8.62
Postdoc + Family	\$79.86	\$26.35	\$13.18	\$12.16
Voluntary Vision PPO - Aetna		<i>(all postdocs)</i>		
Postdoc only	\$6.59	\$6.59	\$3.30	\$3.04
Postdoc + Spouse/Domestic Partner	\$12.52	\$12.52	\$6.26	\$5.78
Postdoc + Child(ren)	\$13.17	\$13.17	\$6.59	\$6.08
Postdoc + Family	\$19.37	\$19.37	\$9.69	\$8.94

#### Information for Postdoc classifications of 93 & 95

Your contribution amounts will be collected by the following methods:

- ☐ Medical: Collected by Payroll in semi-monthly or bi-weekly contribution deductions
- ☐ Dental: Collected by Payroll in semi-monthly or bi-weekly contribution deductions
- ☐ Vision: Collected by Payroll in semi-monthly or bi-weekly contribution deductions
- ☐ Voluntary Life : Collected by Payroll in semi-monthly or bi-weekly contribution deductions

#### Information for Postdoc classifications of 94

Your contribution amounts will be collected by the following methods:

- ☐ Medical: Collected by Gallagher Benefit Services, via credit card, using the monthly contribution amount
- ☐ Dental: Collected by Gallagher Benefit Services, via credit card, using the monthly contribution amount
- ☐ Vision: Collected by Gallagher Benefit Services, via credit card, using the monthly contribution amount